

What is the long-term outlook for children with spina bifida?

Fortunately, with the proper medical care, children with spina bifida can lead active and productive lives. These children are a testament to the human spirit; most are successful in school and many are actively involved in modified sports activities despite their physical challenges. Twenty year follow-up studies of children with spina bifida show that they enter college in the same proportion as the general population, and many are actively employed. With recent improvements in care for these children, their outlook continues to improve.