Occupational Therapy and Spina Bifida

**Newborn to 1-2 months:** This appointment will perceptual-motor development and provide a feeding booklet (if speech therapist is not available).

**6 months:** This appointment will assess readiness or need for Early InterventionReferral (EI); review home program; ROM, positioning, and developmental play.

**10 – 12 months:** This appointment will provide the annual Manual Muscle Test (MMT); assess ROM, Sensori-motor assessment, work on postural muscles to develop balance & stability.

**18 months:** This appointment will assess the fine motor skills; provide parent education, developmental home program with concentration on upper extremity strength.

**24 months:** This appointment will assess the annual Manual Muscle Test (MMT); ROM.

**3 years:** This appointment will assess the annual Manual Muscle Test (MMT); ROM; and grip strength.

**4 years:** This appointment will assess the annual Manual Muscle Test (MMT); grip strength; assess readiness for self-catheterization re: hand-eye coordination; and assess for preschool program.

**5 years:** This appointment will assess the annual Manual Muscle Test (MMT); grip strength; ROM; and school needs.

**6 years:** This appointment will assess the annual Manual Muscle Test (MMT); ROM; questions regarding fine motor, visual-perceptual concerns; Assessment for Adaptive Learning (ADLs); begin training for donning and removing orthotics; and begin skin check training over points of pressure.

**16 years:** Drivers Education if appropriate.