



# COMMON BENIGN (NOT CANCEROUS) SKIN GROWTHS

#### Seborrheic Keratoses (SK's)

- Light tan to brown, rough bumps that appear "stuck-on" the skin.
- Often confused with moles or warts.
- Range in size from a fraction of an inch to larger than a half-dollar.
- Cause is unknown.
- Run in families and more common with advancing age.
- Occasionally itch or become irritated.
- Do not require treatment, but can be removed for a cosmetic fee.

# **Cherry Angioma**

- Smooth, bright red to purple bumps.
- Often appear on the trunk.
- Made up of clusters of tiny blood vessels at the surface of the skin.
- Occasionally bleed if traumatized and in that case can be removed.
- Cause is unknown, but occurs more frequently with increasing age.

### Solar Lentigo (Sun spots/ Liver spots)

- Tan to light brown, flat, round to oval spots.
- Usually appear on the face, arms or hands.
- Unlike freckles, they are often larger and do not fade away in the winter.
- Caused by years of exposure to sunlight and often increase in number with advancing age.
- If they change and have more than one color, get larger or have irregular borders, your dermatologist should be notified.
- Do not require treatment, but can be removed for a cosmetic fee.

#### Dermatofibroma

- Round, brown to purple, hard lumps on the skin.
- Most frequently found on the legs.
- Made up of scar tissue.
- Cause is unknown, but may be related to an injury or insect bites.

## **Skin Tag**

- Soft, brown or flesh-colored lesions that project from the surrounding skin on a narrow stalk.
- Most commonly found around the neck, eyelids, armpits, groin, and in body folds.
- Cause is unknown, but typically begins to appear with advancing age or after pregnancy.
- Do not require treatment; however they can be removed with cryotherapy or sharp scissors for a cosmetic fee.

For more information please visit our website: <a href="www.pennstatehershey.org/web/dermatology/home">www.pennstatehershey.org/web/dermatology/home</a> and click on Health Information Library.

If you have any questions or concerns, please contact your provider at the location you were treated. Hershey Medical Center, UPC I, Suite 100 (717) 531-6820 or Nyes Road, (717) 657-4045. Penn State Hershey Medical Group, Colonnade Building (814)272-4445.

