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PENN STATE MILTON S. HERSHEY MEDICAL CENTER DEPARTMENT OF CONTINUING EDUCATION G220 THE PENNSYLVANIA STATE UNIVERSITY HERSHEY, PA 17033-085] P.O. BOX 851



Penn State College of Medicine

INFLAMMATORY BOWEL DISEASE

Update for Advanced Practice Clinicians and Allied Health **Professionals**

> Two mornings: Saturday & Sunday, May 5-6, 2012

University Conference Center 500 University Drive Hershey, PA 17033 on the campus of Penn State Milton S. Hershey Medical Center

Visit our web site: www.pennstatehershey.org/ce

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Overview/Audience

There is increased awareness that optimal treatment of patients with inflammatory bowel disease (IBD) requires a multidisciplinary approach involving not only many medical specialties, but also many levels of care: physician assistants, nurse practitioners, pharmacists, and nurses, as well as the active involvement of the patients themselves and their families. While specialized IBD conferences for physicians abound, conferences intended specifically for other professionals are lacking.

Our goal is to provide the multidisciplinary team with the most up-to-date information they need to increase their knowledge of the specific needs of patients with IBD, helping to optimize the care of their patients. Our faculty will be composed of expert specialists in all key areas of IBD care, including gastroenterology, colorectal surgery, ostomy care, and pharmacology. The specialists will lead sessions and also host professional and patient panels.

The conference is intended for nurse practitioners, registered nurses, pharmacists, and other interested health-care professionals.

Credit

Penn State College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for AMA PRA Category 1 $Credit(s)^{TM}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

May 5—a maximum of 4.0 AMA PRA Category 1 Credit(s)TM May 6—a maximum of 4.0 AMA PRA Category 1 Credit(s)TM

Penn State Milton S. Hershey Medical Center, Nursing Education and Professional Development is an approved provider of continuing nursing education by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

May 5—4.0 contact hours

May 6—4.0 contact hours

Nurse practitioners please note: This program includes 1.0 contact hours of pharmacology education as required for certification renewal by the Pennsylvania State Board of Nursing and the American Nurses Credentialing Center (ANCC). Please see the program schedule for the topic marked with ‡.

Penn State Milton S. Hershey Medical Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge type program has been approved for contact hours of continuing education in states that recognize ACPE providers. Participants must

attend all sessions to receive the credit listed below. Partial credit will not be awarded.

May 5—up to 0.4 contact hours (0.4 CEUs)

UAN #0322-0000-12-015-L03-P

May 6—up to 4.0 contact hours (0.4 CEUs)

UAN #0322-0000-12-016-L01-P

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Fees

The cost for this program is \$125 per person for both days, or \$75 per person for one day. The fees include the cost of instruction and break refreshments.

Registration/Cancellation Policy

Register online, by fax, or by mail. Registrations will be confirmed by e-mail upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive confirmation from Penn State within two weeks, phone Continuing Education at 717-531-6483 to confirm your registration. Walk-ins and late registrations can be accepted only if space is available.

Cancellations received later than April 27, 2012, will be assessed a \$25 processing fee. No refunds will be made for cancellations received after May 2, 2012.

The University reserves the right to cancel or postpone any course because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but is not responsible for any related costs, charges, or expenses. Preregistered participants will be notified if a program is filled or canceled.

Accommodations

Accommodations are the responsibility of the participant. A list of lodging in the Hershey area is available on request or online at www.hmc.psu.edu/visitors/dininglodging.htm.

Access

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

Program

<u>Note:</u> The bulleted items are the learner objectives for the session.

Day 1—Saturday, May 5, 2012

7:30 a.m. Final Registration/Exhibits

7:50 Welcoming Remarks

8:00 IBD Medical Management ‡ Elizabeth Thompson, PA*

Physician Assistant, Department of Medicine,

Division of Internal Medicine

Emmanuelle Williams, MD*

Associate Professor of Medicine, Division of Gastroenterology and Hepatology

Kelly Karpa, RPh, PhD*

Assistant Professor of Pharmacology

 Describe the available conventional and alternative therapies for IBD including indications, mechanisms, benefits, and side effects

9:00 Surgery for IBD: Crohn's Disease, Ulcerative

Colitis, Perineal Crohn's Disease Walter A. Koltun, MD*

Professor of Surgery; Chief, Division of Colon and Rectal Surgery

• Define and describe the operations given for CD and UC

10:00 Break/Exhibits

10:30 Ostomy Update/Workshop: Problems and

Solutons

Chris Ardell, RN, BSN, CWOCN*

Wound Care Specialist

Marjorie Lebo, MSN, CRNP*

Nurse Practitioner, Department of Surgery, Division of Colorectal Surgery

 Discuss management of common peristomal complications (dermatitis, candidiasis, hernia) and those associated with IBD (pyoderma gangrenosum)

 Provide an update on ostomy systems and adjunct products (Note: Format will be discussion and workshop.)



For More Information or to Register Online

• Call: 717-531-6483

• E-mail: ContinuingEd@hmc.psu.edu

 Register on Web: www.pennstatehershey. org/ce 11:30 PANEL PRESENTATION

Patient Perspectives

Moderator: Marjorie Lebo, MSN, CRNP*

Daniel Tingue Cindy Samet Dale Goodyear

Discuss personal experience with IBD in a patient-centered format

12:30 p.m. Program Evaluation/Adjournment

Day 2—Sunday, May 6, 2012

7:30 a.m. Final Registration/Exhibits

7:50 Welcoming Remarks

8:00 Indications and Special Considerations for Endoscopic Procedures in IBD

Chromoendoscopy

• Balloon dilatation strictures

• Biopsy

Double balloon

Emmanuelle Williams, MD*

 Describe the indications, special considerations, and recent advances in endoscopic procedures for IBD

9:00 Inpatient Management of IBD: Case

Presentations

Walter Koltun, MD*

Emmanuelle Williams, MD*

Shelly Tice, RN, BSN*

Care Coordinator, Colorectal Surgery

 Use patient case scenarios to illustrate the management of common inpatient conditions including small bowel obstruction and toxic colitis

10:00 Break/Exhibits

10:30 Outpatient Management of Common Problems in the IBD Patient

Pouchitis

Perineal Crohn's Disease

Health maintenance

Marjorie Lebo, CRNP, CWOHN*

Walter Koltun, MD*

Emmanuelle Williams, MD*

Heather Skonier-Baer, RN, BSN*

IBD Specialty Nurse, Department of Medicine, Division of Gastroenterology

• Describe the common problems in outpatient management of IBD patients from both physician and nursing perspectives

[†] pharmacology education content

11:30 PANEL PRESENTATION

Professional Perspectives Marjorie Lebo, MSN, CRNP* Walter Koltun, MD* Emmanuelle Williams, MD* Kelly Karpa, RPh, PhD*

Summarize major professional concerns when managing patients with IBD

12:30 p.m. Program Evaluation/Adjournment

Penn State Milton S. Hershey Medical Center
 Penn State College of Medicine

Stay and Play in Hershey

The conference has been planned for the morning both days, with plenty of time left over for discovering the central Pennsylvania area. Why not stay and explore Hershey in May?

Attractions in Hershey include:

- Hersheypark, with over 65 rides and attractions including 11 thrilling coasters, live entertainment, 20 kiddie rides, and the Boardwalk At Hersheypark
- Hershey's Chocolate World, which includes a free chocolate tour complete with a free sample of chocolate
- Hersheypark ZooAmerica, included with your park admission and located beside Hersheypark, 11-acres of walk-through zoo with over 200 animals
- The Hershey Story, located in the heart of Chocolate Town, USA, a world-class museum that guides visitors on an inspirational journey through Milton S. Hershey's lifetime and beyond

Other Hershey attractions include:

 Hershey Gardens, Hershey Theatre, The Spa at The Hotel Hershey (also called The Chocolate Spa), The Antique Automobile Club of America Museum, Giant Center and Hersheypark Stadium, as well as exciting dining and golf for all skill levels

Nearby attractions include:

Dutch Wonderland and Lancaster Pennsylvania Dutch country, historic Gettysburg, the Pennsylvania state capital of Harrisburg, and many venues for antiquing, dining, and sight-seeing.

For more information, go to www.hersheypa.com.



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Name (first name, M.I., la	st name)	Degree(s))/Credentials
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Home Address		☐ mal	e 🗆 female
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Daytime Phone	Evening Phone	2	Fax Number
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Penn State Hershey Continuing Education, G220

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