PENNSTATE HERSHEY
Cancer Institute

Consent For ESHAP
Condition For Which Treatment is Proposed:_____

1. I hereby authorize my physician, Dr_____, and/or such other staff physicians or resident physicians as my physician may designate, to administer to me (or the patient for whom I consent) the following chemotherapy consisting of:

   Etoposide (VP-16)
   Methylprednisolone
   Cytarabine
   Cisplatin

   The plan for my course of chemotherapy is for _____cycles of chemotherapy, with each

   cycle given about every _____days.

2. My physician has discussed with me the items that are briefly summarized below:

   a. The nature and purpose of the proposed therapy is to administer chemotherapy (drugs to fight my cancer, which may also have other effects on my body) by mouth and/or by vein or by other type of injection.

   b. The risks of the proposed chemotherapy:

   Chemotherapy may cause nausea, vomiting, loss of appetite, mouth sores, hair loss, fatigue, a lowering of the white blood cell count (which can lead to a serious infections), a lowered platelet count (which can lead to bleeding), and a decrease in my red blood cell count (which can lead to shortness of breath, a rapid heart beat or weakness). Due to these low blood counts, I may require red blood cell or platelet transfusions. My doctor will give me appropriate medications to try to decrease the severity of any side effects. Other side effects could occur, rarely death. It is important that I call my physician or nurse-coordinator with problems which occur during the course of my treatment. I always have the right to refuse chemotherapy at any time. It is possible that this chemotherapy may not be effective and my disease might progress.

   Long-term side effects of chemotherapy can include injury to lungs, heart, liver and/or bladder. Acute leukemia can also develop as a result of chemotherapy.

   Chemotherapy usually has an adverse effect on sperm and eggs and can cause me to be unable to have children. Chemotherapy can have harmful effects on an unborn child. If I am a woman, it is important to tell my physician if I think I may be pregnant. It is possible to conceive a child during treatment with chemotherapy. It is important that both men and women who are being treated with chemotherapy and who are sexually active, fertile, and who have a fertile partner use a reliable form of birth control (birth control pills, a reliable barrier method or a hormonal implant.)

You (or the patient for whom you consent) may require **venipuncture** (putting a needle into a vein to remove blood or administer chemotherapy). The discomfort associated with venipuncture is a slight pinch or pinprick when the sterile needle enters the skin. The risks of venipuncture include mild discomfort and/or a black or blue mark at the site of the needle puncture. Less commonly, a small blood clot, infection or bleeding may occur at the needle puncture site. When chemotherapy is administered into a vein, there is also a small risk of either infection in the bloodstream or the chemotherapy leaking outside the vein causing tissue irritation or damage.

The drugs which will be used for my planned chemotherapy and their specific side-effects:

Etoposide may cause decreased energy, skin rash, pain and inflammation at infusion site, and temporary Iow blood pressure. There is a potential of a build up of fluid around the heart. Vision problems, including blindness, headache, dizziness, confusion are rare side effects associated with Etoposide. Other side effects include muscle cramps, a decrease in the function of my nervous system, decreased kidney function, increased blood pressure, excess acidity throughout the body due to abnormal metabolism, allergic reactions, weight loss, abdominal pain, constipation, aftertaste, difficulty in swallowing, swollen glands, increased levels of certain chemicals in the liver, a change in the color of my skin. In rare cases, acute leukemia may develop after treatment with Etoposide

Methylprednisolone can cause loss or increase of appetite, weight gain, aggravation of ulcers, rash, facial hair growth, acne, bruising of the skin, redness of the face, menstrual changes, headache, loss of sleep, dizziness, depression, psychosis, a sense of well being, seizures, muscle weakness, fluid retention, an increase in blood pressure, irritation or inflammation of the veins, increased pressure in the eyes, cataracts, a change in metabolism, an increase in white blood cells, back pain, osteoporosis (loss of calcium from the bone tissue resulting in bones that break easily), viral, bacterial and fungal infections, including herpes, delayed wound healing, muscle wasting. This drug could cause abnormal reactions to skin tests. Other side effects include a protrusion of the eyes and skin cell death.

Cytarabine can cause weight loss, difficulty in swallowing, kidney problems, flu-like symptoms, rash, headache, blindness, seizures, the sensation of tingling or creeping on the skin, inflammation of the eye, skin rash, and mild liver damage. Higher doses can cause significant nausea. Death to brain tissue is also a possibility. In higher doses the side effects may include conjunctivitis (inflammation of the white lining of the eye), which may be relieved by eye drops; skin rash, and elevation of certain liver function blood tests. Loss of coordination may occur; it is usually mild and temporary,, but on rare occasions can be severe and permanent. Shortness of breath, with fluid in the lungs and enlargement of the heart or inflammation of the tissue surrounding the heart have also rarely occurred.

Cisplatin may cause high-pitch hearing loss and the loss of certain trace metals from the blood (these trace metals may need to be replaced through medication that can be given by mouth). Cisplatin can also cause kidney damage that can be lessened by adequate fluid intake. In rare instances, cisplatin can cause a life threatening allergic reaction (drop in blood pressure, wheezing, rapid heartbeats and/or facial fullness) within a few minutes of starting the drug.

3. The medically reasonable alternative treatments and the risks associated with these alternative treatments have been described by my physician. These alternatives include no treatment, combinations of different chemotherapy drugs, or the same drugs given in different doses or on a different schedule.

4. Without the proposed treatment, my disease may progress, it could remain stable or, rarely, improve.

5. I understand that during the course of this chemotherapy, unforeseen conditions may arise which could require the planned chemotherapy to be altered. All alterations to the planned chemotherapy will be discussed with me.

6. I am aware that the practice of medicine is not an exact science, and I acknowledge that no guarantees have been made to me concerning the results of the proposed therapy.

7. I acknowledge that the information I have received, as summarized on this form, is sufficient for me to consent to and authorize the chemotherapy described above. I have had the opportunity to ask questions concerning my condition, the chemotherapy, the alternatives and risks, and all questions have been answered to my satisfaction.

8. I impose the following limitation(s) regarding my treatment (if none, so state):_____
_____

9. I authorize the staff of The Milton S. Hershey Medical Center to preserve for scientific or teaching purposes any tissues or parts which may be removed in the course of this procedure, and to dispose of them.

10. I authorize the Milton S. Hershey Medical Center to permit other persons to observe this procedure with the understanding that such observation is for the purpose of advancing medical knowledge. I authorize The Milton S. Hershey Medical Center to obtain photographic or other pictorial representations of this procedure, and to use such representations for scientific or teaching purposes.

11. I certify that all blanks requiring insertion of information were completed before I signed this consent form.

_____ provided the information summarized above and obtained the
(fill in name) consent for the procedure

_____/_____/_____
(Patient's Signature) (Date) (Time)
(or signature of person consenting on behalf of the patient)

_____/_____/_____
(Optional: Witness to Patient's Signature) (Date) (Time)

_____/_____
(Physician's Signature) (Date)