



CARE AFTER LIQUID NITROGEN THERAPY

Your skin has been treated with liquid nitrogen, which produces a localized freezing of the skin. Although the freezing itself wears off within a few minutes, its effects may not be fully seen for 24-72 hours.

The pain and burning sensation which follows the actual freezing usually lasts only 20-30 minutes and will be accompanied by redness of the area. The area may be tender for several days.

Within 24 hours after treatment, a blister may form in the treated area. The blister may be a "blood blister" (red to purple in color). You should leave the blister alone. You may get the area wet and continue doing normal daily activities. If the blister is large or causes a problem, please call the clinic to speak to your doctor.

If weeping or crusting occurs, cover it with petroleum jelly and a dressing, if necessary. Wash and change the dressing daily until it is dry.

For more information please visit our website: www.pennstatehershey.org/web/dermatology/home and click on Health Information Library.

If you have any questions or concerns, please contact your provider at the location you were treated. Hershey Medical Center, UPC I, Suite 100 (717) 531-6820 or Nyes Road, (717) 657-4045. Penn State Hershey Medical Group, Colonnade Building (814)272-4445.

