

THE PENNSYLVANIA STATE UNIVERSITY  
PENN STATE MILTON S. HERSHEY MEDICAL CENTER  
DEPARTMENT OF CONTINUING EDUCATION G220  
P.O. BOX 851  
HERSHEY, PA 17033-0851

PENNSTATE HERSEY  
Milton S. Hershey  
Medical Center



~ Clinician Update ~

**Current Care of the  
BARIATRIC  
PATIENT**

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[pennstatehershey.org/ce](http://pennstatehershey.org/ce)



In association with the  
Pennsylvania Society for Bariatric Surgery



~ Clinician Update ~

## Current Care of the **BARIATRIC PATIENT**

**Friday, September 6, 2013**



The Hotel HERSEY®  
100 Hotel Road Hershey, Pennsylvania, 17033

PENNSTATE HERSEY  
College of Medicine

A continuing education service of Penn State College of Medicine

### PURPOSE

This conference is designed to provide strategies that health-care professionals can use in caring for the acute needs of bariatric patients.

### AUDIENCE

Physicians, nurse practitioners, physician assistants, and nurses in the emergency and critical care setting will benefit most from attendance. Other health-care professionals are welcome.

### OBJECTIVES

Upon completion of this activity, participants should be able to:

- List current recommendations for sleeve gastrectomy surgery
- Describe the Michigan Bariatric Collaborative and its application to the state of PA
- Discuss hormonal changes in the brain after stapled bariatric procedures
- List pros and cons of gastric plication as a novel restrictive procedure
- Discuss some approaches to the behavioral treatment of patients with binge eating disorder
- Describe special considerations for nurses caring for bariatric patients
- Describe options and approaches for revisional weight loss surgery
- Discuss special considerations for the adolescent weight loss surgery patient

### ACCESS

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

This publication is available in alternative media on request.

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, genetic information, national origin, race, religious creed, sex, sexual orientation, gender identity, or veteran status and retaliation due to the reporting of discrimination or harassment. Discrimination, harassment, or retaliation against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the Nondiscrimination Policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901; tel 814-863-0471/TTY. U.Ed. MED B5363-14-Z

### CREDIT

**5.75 AMA PRA Category 1 Credit(s)™**

**5.75 Credits from the PA Dietetic Association**

#### AMA

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Penn State College of Medicine and the Pennsylvania Society for Bariatric Surgery. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of **5.75 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses will receive a certificate from Penn State College of Medicine verifying their participation in 5.75 hours of approved continuing medical education. Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing at [dos.state.pa.us/nurse](http://dos.state.pa.us/nurse).

Application has been made for **5.75 credits** from the **PA Dietetic Association**.

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.



## PROGRAM

- 7:30** Registration and Continental Breakfast
- 8:00** Welcome and Introduction
- 8:15** Update on Sleeve Gastrectomy  
Michel Gagner, MD
- 9:00** Improving Outcomes and Access to Care:  
The Michigan Bariatric Surgery  
Collaborative Experience  
Wayne English, MD
- 9:45** Refreshment Break
- 10:15** You Operated on My Brain,  
Not My Stomach!  
Ann Rogers, MD
- 11:00** Banded Gastric Plication:  
A Single Institution Experience  
Baker Henson, DO
- 11:30** Implications of Binge Eating Disorder  
for Patients Contemplating  
Bariatric Surgery  
Andrea Rigby, PsyD
- 12:00** Lunch in “The Circular”  
The Newly Renovated Circular Dining Room
- 1:00** Nursing Issues:  
Caring for Bariatric Patients  
Lisa Miller, BSN, CMSRN
- 1:45** A Patient Wants a Revision: Now What?  
Vikram Vattipally, MD
- 2:10** Special Considerations for Weight Loss  
Surgery in Teens  
Vinay Goyal, MD
- 2:30** Refreshment Break
- 2:45** Patient Horror Stories:  
The Good, the Bad and the Ugly  
Angie Keller
- 3:45** Closing Remarks and PSBS Annual  
Business Meeting
- 4:30** Adjournment

## FACULTY

Wayne English, MD  
Clinical Assistant Professor, Department of Surgery  
Michigan State University College of Human Medicine  
Surgical Director  
Bariatric and Metabolic Institute  
Marquette General Hospital  
Marquette, MI

Michel Gagner, MD, FRCSC, FACS, FASMBS, FICS, AFC (Hon.)  
Clinical Professor of Surgery, Bariatric and Metabolic Surgery  
Hôpital du Sacré-Coeur de Montréal, Montreal, QC  
Florida International University, Miami, FL

Vinay Goyal, MD  
Fellow in Minimally Invasive and Bariatric Surgery  
Penn State Milton S. Hershey Medical Center

Baker Henson, DO  
Resident in General Surgery, Osteopathic Surgery Residency  
Pinnacle Health Community Campus

Angie Keller  
Program Manager, Surgical Weight Loss  
Penn State Hershey Medical Group  
Middletown, Pennsylvania

Lisa Miller, BSN, CMSRN  
5 Acute Care Unit  
Clinical Head Nurse  
Penn State Milton S. Hershey Medical Center

Andrea Rigby, PsyD\*  
Assistant Professor/Licensed Psychologist, Department of Surgery  
Milton S. Hershey Medical Center  
Surgical Weight Loss Program

Ann Rogers, MD\*  
Professor of Surgery  
Division of Minimally Invasive Surgery and Bariatrics  
Director, Penn State Hershey Surgical Weight Loss Program

Vikram Vattipally, MD  
Fellow in Minimally Invasive and Bariatric Surgery  
Penn State Milton S. Hershey Medical Center

\* Penn State Milton S. Hershey Medical Center, Penn State College of Medicine,  
Hershey, Pennsylvania



## FEE

▶ **\$125 per person**

Includes: Breakfast • Instruction • Handout Materials  
Refreshments • Lunch

## CANCELLATION POLICY

**Cancellations received later than**

▶ **August 30, 2013**  
will incur a \$25 processing fee

**No refunds**

▶ **After September 3, 2013**  
Substitutes are accepted at any time

The University reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances.

Please provide a cell phone number so we can reach you in the event of last-minute change or cancellation. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

## REGISTRATION

Register online, by fax, or by mail. Registrations will be confirmed by email upon receipt of payment, authorization to bill, or a credit card guarantee.

If you do not receive a confirmation within two weeks, call 717-531-6483 to confirm your registration. Walk-ins and late registrations will be accepted if space is available.

**Call** 717-531-6483  
**Fax** 717-531-5604  
**Email** [ContinuingEd@hmc.psu.edu](mailto:ContinuingEd@hmc.psu.edu)  
**Mail** Registrar, Penn State Hershey Continuing Education,  
G220 P. O. Box 851, Hershey, PA 17033

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Name (First Name, MI, Last Name)  Male  Female

Degree/Credentials

Email (Print legibly. We use this for confirmation/registration status/program materials.)

Home Address

City State

Zip Code

Daytime Phone

Cell Phone (For last-minute change/cancellations)

Hospital or Organization

Specialty/Position

Address (HMC/COM employees—dept. name/mail code)

City

State

Zip Code

Special Needs (Dietary, access, etc.)

**Fee: \$125 per person**

Indicate method of payment:

- Check enclosed payable to Penn State  
 Bill my sponsoring organization—attach authorization letter  
 HMC/COM employee—bill department budget

Cost center/budget#

Charge my  VISA  MasterCard  AMEX

Account Number

Exp. Date

Cardholder's Signature