

THE PENNSYLVANIA STATE UNIVERSITY
PENN STATE MILTON S. HERSHEY MEDICAL CENTER
DEPARTMENT OF CONTINUING EDUCATION G220
P.O. BOX 851
HERSHEY, PA 17033-0851

Nonprofit Org.
U.S. Postage
PAID
PA State University
M.S. Hershey Med. Ctr.

Visit our website: pennstatehershey.org/cc

This publication is available in alternative media on request.

Access—Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, genetic information, national origin, race, religious creed, sex, sexual orientation, gender identity, or veteran status and retaliation due to the reporting of discrimination or harassment. Discrimination, harassment, or retaliation against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the Nondiscrimination Policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901; tel 814-863-0471/TTY: U.Ed. MED 13-045 heeb

Update on Chronic Kidney Disease

Tuesday, April 23, 2013
The Hotel Hershey
Hershey, Pennsylvania

Jointly sponsored by

- The Kidney Foundation of Central Pennsylvania
- Penn State College of Medicine
- Susquehanna Valley Chapter of the American Nephrology Nurses Association (ANNA)
- The Renal Network, Inc.



PENNSTATE HERSHEY
College of Medicine



Audience/Purpose

This program is designed to update nephrologists, physician assistants, certified registered nurse practitioners, dialysis nurses and technicians, renal social workers, renal dietitians, and other interested health-care professionals on recent medical advances in the care of patients with CKD.

Chronic kidney disease is now considered one of the five major diseases leading to death. Affecting 13% of the general population, chronic kidney disease is more common than diabetes or cardiovascular disease. In 2010, there were 17,778 kidney transplants, 116,946 patients starting on dialysis, and an overall ESRD population of 594,374. This conference will help practitioners attain the knowledge and skills to maintain competency in the management of patients with CKD.

Fee/Registration/Cancellation

- Physicians—\$90
- Non-physicians—\$75

The fee includes instruction, handout materials, refreshments, and lunch.

Register online, by fax, or by mail. Registrations will be confirmed by email upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive a confirmation within two weeks, call 717-531-6483 to confirm your registration. Walk-ins and late registrations can be accepted only if space is available.

Cancellations received after April 16, 2013, will be assessed a \$25 processing fee. No refunds will be made for cancellations that are received after April 18, 2013. Substitutes are accepted at any time.

The University reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances.

Please provide a cell phone number so we can reach you in the event of last-minute changes or cancellation. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

Accommodations

Overnight accommodations are the responsibility of program participants. A list of accommodations in the Hershey area is available on request or online at pennstatehershey.org/web/guest/patientcare/patientvisitorinformation/lodging. We recommend that you make reservations as early as possible.

For More Information or to Register Online

- Call: 717-531-6483
- E-mail: ContinuingEd@hmc.psu.edu
- Online: pennstatehershey.org/ce

Program

PROGRAM NOTE: The bulleted items are the learner objectives for the session.

7:30 a.m. Registration and Continental Breakfast/Exhibits Open

8:00

Welcome and Introductions

Laurence E. Carroll, MD, FASN, FNKF

Board Member, The Kidney Foundation of Central Pennsylvania
Lancaster, Pennsylvania

8:15

MORNING KEYNOTE

Managing the Costs of Kidney Transplantation

Andrea Tietjen, MBA, CPA

Director, Data and Finance
Renal and Pancreas Transplant Division
Barnabas Health
West Orange, New Jersey

- Identify the financial requirements and barriers to a kidney transplant
- Estimate the hidden costs of a kidney transplant

9:30

Presentation of The Kidney Foundation of Central Pennsylvania's Founders Club Award for Clinical Excellence (ACE)

Patricia Bucek

Executive Director, The Kidney Foundation of Central Pennsylvania
Harrisburg, Pennsylvania

9:45

Morning Break/Visit Exhibitors

10:00

MORNING BREAKOUT SESSIONS

(choose either Session 1 or Session 2)

SESSION 1: DIALYSIS MANAGEMENT IN THE UNIT

Diabetes Management in ESKD

Renu Joshi, MD

PinnacleHealth Endocrinology Associates
Mechanicsburg, Pennsylvania

- Describe the impact of renal failure on glycemic control
- Discuss the management of diabetes specifically with hemodialysis and peritoneal dialysis patients

Infections in the Dialysis Unit †

*Kathleen G. Julian, MD**

Associate Professor of Medicine, Division of Infectious Diseases & Epidemiology

- Identify common infections among patients on dialysis
- Describe signs and symptoms of common infections among patients on dialysis
- Discuss measures to prevent infections in the dialysis unit
- Explain the treatment and strategies for specific infections among patients on dialysis

* Penn State Milton S. Hershey Medical Center, Penn State College of Medicine

† Patient safety/risk management topic

Bedbugs and Blueberries†

Dean Morris, MSSA, LSW

Director, Patient Services

The Renal Network, Inc.

Pittsburgh, Pennsylvania

- Identify, assess, and control bedbug infestations in the dialysis unit

SESSION 2: GOVERNMENT AND REGULATION— IMPACT ON PATIENTS

Legislative and Regulatory Update for Nephrology

Robert Blaser

Director, Public Policy

Renal Physicians Association

Rockville, Maryland

- Discuss recent policy developments on the sustainable growth rate, and other physician practice issues
- Discuss recent policy developments on acute kidney injury coverage, the ESRD Prospective Payment System, and other kidney disease care delivery issues

Surveyor Update

Suzanne Kirschbaum, RN, CNN

Director, Quality Improvement

The Renal Network, Inc.

Pittsburgh, Pennsylvania

- Discuss the role of CMS, the State Surveyors, and the Network
- Describe how regulatory requirements affect dialysis facilities

Darlene Augustine

HFQE Supervisor, Division of Home Health

PA Department of Health

Harrisburg, Pennsylvania

- Discuss the state survey process and tips to avoid deficiencies

11:30 Lunch

12:45 p.m. AFTERNOON KEYNOTE

Palliative Care and Decision-Making in ESKD

Lewis Cohen, MD

Director, Renal Palliative Care Initiative

Baystate Medical Center

Professor of Psychiatry

Tufts University School of Medicine

Springfield, Massachusetts

- Discuss the ways in which attention to palliative care is likely to change the practice of nephrology
- Describe the components of a renal supportive care program
- Discuss the experience with conservative management in Europe

1:45 Afternoon Break/Visit Exhibitors

2:00

AFTERNOON BREAKOUT SESSIONS

(choose either Session 3 or Session 4)

SESSION 3: PSYCHIATRIC ISSUES IN ESKD

Psychiatric Issues in the Dialysis Unit †

Lewis Cohen, MD

- Discuss the use of psychotropic medications in the dialysis population
- Diagnose depression in patients with CKD

Pre-Transplant Psychological Evaluation †

*Andrea G. Rigby, PsyD**

Assistant Professor of Surgery/Clinical Psychologist,
Division of Minimally Invasive Surgery and Bariatrics

- Recognize the psychological conditions that would bar transplantation
- Identify what psychological conditions might be adversely affected by transplantation

Effective Coping with CKD: Addressing Mental Health Needs of Patients in the Community

Rebecca Hietsch, RN

Celtic Healthcare

Carlisle, Pennsylvania

- Review holistic mental health assessment of patients with CKD
- Identify psychosocial stressors that contribute to mental health problems
- Discuss strategies for helping patients develop positive coping skills while dealing with chronic illness

SESSION 4: PREPARING FOR DIALYSIS

Minimizing the Impact on Patients and Families

Kristy L. Washinger, MSN, CRNP

Nephrology Associates of Central PA

Camp Hill, Pennsylvania

- Discuss modalities for dialysis including in-center home therapies
- Describe the preparation for renal replacement therapy

Pharmacist/Integrative High Blood Pressure Medication †

Amber Jerauld, PharmD, BCPS

Clinical Pharmacy Specialist in Family Medicine

Lancaster General Health

Lancaster, Pennsylvania

- Review optimal treatment options for blood pressure management in patients with CKD Stage 4
- Discuss pharmacists' collaborative role in blood pressure management
- Review medications that should be avoided in CKD and medications that may worsen kidney function

* Penn State Milton S. Hershey Medical Center, Penn State College of Medicine

† Patient safety/risk management topic

Dietitian Prescription of the Pre-ESKD Patient

Kim Mentzer, RD, LDN

Renal Dietitian

US Renal Care

Mechanicsburg, Pennsylvania

- Discuss the nutritional needs of pre-CKD patient

3:30

Program Evaluation and Adjournment

Credit

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Penn State College of Medicine, The Kidney Foundation of Central Pennsylvania, the Susquehanna Valley Chapter of the American Nephrology Nurses Association (ANNA), and The Renal Network, Inc. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program includes 2.5 hours of patient safety/risk management education as required by the Pennsylvania State Board of Medicine. Please see the program schedule for the topic marked with a “†.” Please note that some of the safety/risk management hours are concurrent.

5.2 contact hours awarded.

Penn State Milton S. Hershey Medical Center, Nursing Education and Professional Development is an approved provider of continuing nursing education by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been submitted to American Nephrology Nurses' Association for approval to award contact hours. American Nephrology Nurses' Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Application has been made for 5.0 credits from the PA Dietetic Association.

Social work credit has been applied for through the PA State Board of Social Workers, Marriage and Family Therapists and Professional Counselors.

Penn State has approved this program for 0.5 Continuing Education Units (CEUs).

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

PENNSTATE HERSHEY



Update on Chronic Kidney Disease

April 23, 2013 • E4351-13-Z

Register online, by fax, or by mail. If you do not receive a confirmation from Penn State within two weeks, call 717-531-6483 to confirm. Walk-ins and late registrations accepted only if space is available. Please provide both daytime and cell phone numbers so we can contact you should last-minute changes occur.

Name (first name, M.I., last name) _____ Credential(s)/Degree(s) _____

E-mail Address (Print legibly. We use this for confirmation, registration status, and program materials.) _____

Home Address _____ Male Female

City _____ State _____ Zip Code _____

Daytime Phone _____ Cell Phone (for last-minute change/cancellation) _____

Hospital or Organization _____ Specialty/Position _____

Street Address (HMC/COM employees—provide dept. name/mail code) _____

City _____ State _____ Zip Code _____

Special Needs (dietary, access, etc.) _____

Check if appropriate:

- I require an ANNA certificate.

Check one session for each time period:

10:00 a.m.—Morning Breakout Sessions

- Session 1—Dialysis Management in the Unit
 Session 2—Government and Regulation: Impact on Patients

2:00 p.m.—Afternoon Breakout Sessions

- Session 3—Psychiatric Issues in ESKD
 Session 4—Preparing for Dialysis

Check appropriate fee:

- Physicians—\$90 Non-physicians—\$75

Indicate method of payment:

- Check enclosed payable to Penn State.
 Bill my sponsoring organization. Attach a letter of authorization.
 HMC/COM employee fee, same as above—bill department budget. Cost center/budget #: _____
 Charge my VISA MasterCard or AMEX

Account Number _____ Exp. Date _____

Cardholder's Signature _____

Register Online: pennstatehershey.org/ce

Mail to: Registrar
Penn State Hershey Continuing Education, G220
P.O. Box 851, Hershey, PA 17033-0851

Phone: 717-531-6483 Fax to: 717-531-5604